

U-10 (8-9 Year Old's) Division Information

The transition from the U-8 to the U-10 division is quite a large step for players. The U-8 teams have 5 players on a small field with on-field coaching. The U-10 teams have 9 players on a larger field and the goals are larger. In U-10 we still have a percentage of players that are new to soccer; we want to make it easier for the coach to help his/her team by being closer to the action on the field. The larger fields can be intimidating to young players so we are implementing the following rule change.

- During the first two weeks of the season one coach from each U-10 team will be allowed on the field to help coach and position players.
- The coach must stay between the **penalty areas, remain out of direct play of the ball, and** remain neutral on all infractions (check your Rule Book for definitions).
- If the ball rebounds off a coach or substitute that is on the field, a **direct free kick/penalty kick** will be awarded to the opponents.
- The referees will be making **all** game calls.
- After the two weeks, all coaches will be required to remain in their team areas during the game.

Buildout/Offside Line/Area Play – Refer to page SAY Playing Laws Rulebook for information regarding the Buildout/Offside Line/Area.

- On all restarts within the Build-Out Area by the defending team, the attacking team's players must remain outside the Build-Out Area until the ball is put back into play.
 - On goal kicks the ball is in play when it is kicked and clearly moves.
 - On free kicks taken from within or outside the Penalty Area, the ball is in play when it is kicked and clearly moves.
 - On goalkeeper possession, the ball is in play when:
 - It is placed on the ground and kicked.
 - The goalkeeper releases the ball by rolling it.
 - The goalkeeper releases the ball by throwing it.
 - Goalkeepers may not touch the ball again with their hand(s) until it has been touched or played by another player
- Players can only be in offside position in the opponent's Build-Out Area, i.e., between the Offside Line (Build-Out Line) and the Goal Line.
- No offside offense in the area between the two Offside Lines (Build-Out Lines).
- Offside offense occurs when a player in offside position becomes actively involved by interfering with play or an opponent as per Law 11.
- Restart is an IFK at location where the player in the offside position commits the interference.

Coaches MAY be carded if they don't behave themselves or become argumentative. Patience is required and referees should try to explain things to the coach before cautioning or sending off.